

WHAT TO BRING

CLOTHING ITEMS:

- 16 Tops: T-Shirts, Blouses (no mid-drift, spaghetti straps, or cleavage baring tops)
- 16 Bottoms: Shorts (must be fingertip length), Pants, Jeans (no low rise), Skirts (must be fingertip length)
- 12 pairs of underwear
- 10 bras (if applicable)
- 2 sets of sleepwear (two sets of tops and bottoms only)
- 2 bathing suits (no string bikinis, or men's speedos) or sets of surf shorts/rash guards
- 2 indoor/house slippers
- 2 pairs of athletic shoes
- 2 pairs of walking sandals/slippers
- 1 pair of casual shoes
- 10 pairs of socks
- 2 sweaters/jackets
- 1 raincoat/poncho
- 4 towels

Optional Items:

- Caps/Hats with snap backing
- watch (max value \$20)
- Jewelry (Max value of \$50)

HYGIENE ITEMS:

(all items must be new and unopened and can not contain alcohol in the first 3 ingredients)

- Shampoo
- Conditioner
- Soap and/or Body Wash
- Toothpaste
- Toothbrush
- Dental Floss
- Mouth Wash
- Hair Brush and/or Comb
- Fingernail Clippers
- Tweezers
- 2 Razors
- 4 Wash Cloths
- Feminine Hygiene products (if applicable) such as: Tampons and pads.
- Curling iron and/or straightening Iron (if wanted)
- Hair Bands and Barrettes
- Make-up, nail polish (if desired, must be able to fit into a single quart-sized plastic bag)